

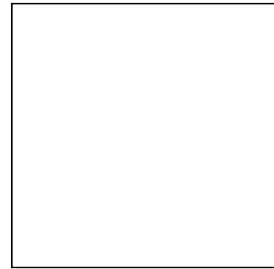
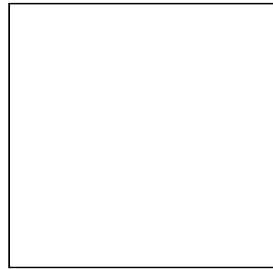
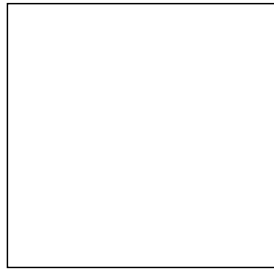
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Breakfast
Mini Pancakes
Fruit

Lunch
Cheesy Breadsticks
w/ Marinara
Daily Vegetable
Fruit

Lunch Includes your CHOICE of Fruit or Vegetable (or both)

4

No School
Happy Labor Day!

5

Breakfast
Cereal Bar
Assorted Fruit

Lunch
Beef Nachos or
w/ Cheese Sauce
Black Beans
Daily Fruit

6

Breakfast
Yogurt
Graham Crackers
Fruit & Juice

Lunch
Corn Dog
Daily Vegetable
Fruit

7

Breakfast
Pork Sausage & Rice
Fruit & Juice

Lunch
Breaded Chicken Sandwich
Daily Vegetable
Fruit

8

Breakfast
Assorted Frudel
Fruit & Juice

Lunch
Cheese Pizza
Daily Vegetable
Fruit

Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

11

Breakfast
Benefit Bar
Fruit

Lunch
Cheese Burger
Daily Vegetable
Fruit

12

Breakfast
Biscuit w/ Bacon & Egg
Fruit & Juice

Lunch
Pork Tacos
Pinto Beans
Daily Fruit

13

Breakfast
Assorted Muffin
Fruit

Lunch
Salisbury Steak w/Gravy
Rice
Daily Vegetable
fruit

14

Breakfast
Cereal Bar
Fruit & Juice

Lunch
Bistek with
Rice
Daily Vegetable
Fruit

15

Breakfast
Waffles w/ Syrup
Fruit

Lunch
Fish Sandwich
Daily Vegetable
Fruit

Lunch includes your choice of Fruit or Vegetable or both!

18

Breakfast
Cereal Bar
Fruit

Lunch
Hot Dog
Daily Vegetable
Fruit

19

Breakfast
Biscuit w/ Sausage & Cheese
Fruit & Juice

Lunch
Beef Tacos
Black Beans
Fruit of the Day

20

Breakfast
Breakfast Pizza
Fruit

Lunch
Orange Chicken
with Rice
Daily Vegetable
Fruit

21

Breakfast
Bagel w/ Cream Cheese
Fruit & Juice

Lunch
Eggless Loco Moco
with Rice
Daily Vegetable
Assorted Fruit

22

Breakfast
Yogurt
Scooby Snacks
Fruit

Lunch
Pepperoni Pizza
Daily Vegetable
Assorted Fruit

Milk is OPTIONAL at Lunch time Only (required at breakfast)

25

Breakfast
Stuffed Bagel
Assorted Fruit

Lunch
Spaghetti w/ Meat Sauce
Assorted Vegetable
Fruit

26

Breakfast
Breakfast on a Stick
Assorted Fruit & Juice

Lunch:
Pork Nachos
w/ Cheese Sauce
Pinto Beans
Fruit

27

Breakfast:
Fried Rice w/ Ham & Eggs
Fruit

Lunch:
BBQ Pork Sandwich
Daily Vegetable
Fruit

28

Breakfast
Cold Cereal
Daily Fruit & Juice

Lunch
Chicken Drumstick
with Rice
Vegetable of the Day
Fruit

29

Breakfast
Cheese Omelet w/ Rice
Fruit

Lunch
Cheesy Breadsticks
with Marinara
Daily Vegetable
Assorted Fruit

Menus are subject to change due to product availability

8/28/2023

This institution is an equal opportunity provider.

